

Talk to a doctor
anytime, anywhere



Your Teladoc® membership cards are enclosed, giving you 24/7/365 access to a doctor.



Learn more about Teladoc:

 [Teladoc.com/bsc](https://teladoc.com/bsc)

 1-800-Teladoc (835-2362)

 [Teladoc.com/mobile](https://teladoc.com/mobile)

 [Facebook.com/Teladoc](https://facebook.com/Teladoc)

Talk to a doctor

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 1-800-Teladoc (835-2362)

Treat many medical conditions:

Cold and flu symptoms • Bronchitis • Allergies • Sinus problems • Respiratory infection • **And more!**



Welcome to Teladoc

Long Beach Unified School District is providing you and your eligible dependents with 24/7/365 access to U.S. board-certified doctors and pediatricians **by phone or online video.**

Consults are:
\$5

ANYTIME, ANYWHERE

Teladoc does not replace your primary care physician. It is a convenient and affordable option that allows you to talk to a doctor who can diagnose, recommend treatment and prescribe medication, when appropriate, for many of your medical issues.

EXPERIENCE YOU CAN TRUST

Teladoc doctors are U.S. board-certified, licensed in your state and average 15 years of practice experience. With your consent, Teladoc will provide information about your consult to your primary care physician.

TREAT MANY CONDITIONS

- Sinus problems
- Bronchitis
- Allergies
- Cold and flu symptoms
- Respiratory infection
- Ear infection
- **And more!**

Take a doctor with you

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 1-800-Teladoc (835-2362)

Set up an account

Visit the [Teladoc website](https://teladoc.com/bsc) and click "Set up account".

Provide medical history

Log in and complete the "My Medical History" tab.

Request a consult

A Teladoc doctor is always just a call or click away.



24/7/365 medical care for:

Sam
Sample
& Eligible Dependents

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1-800-Teladoc (835-2362)